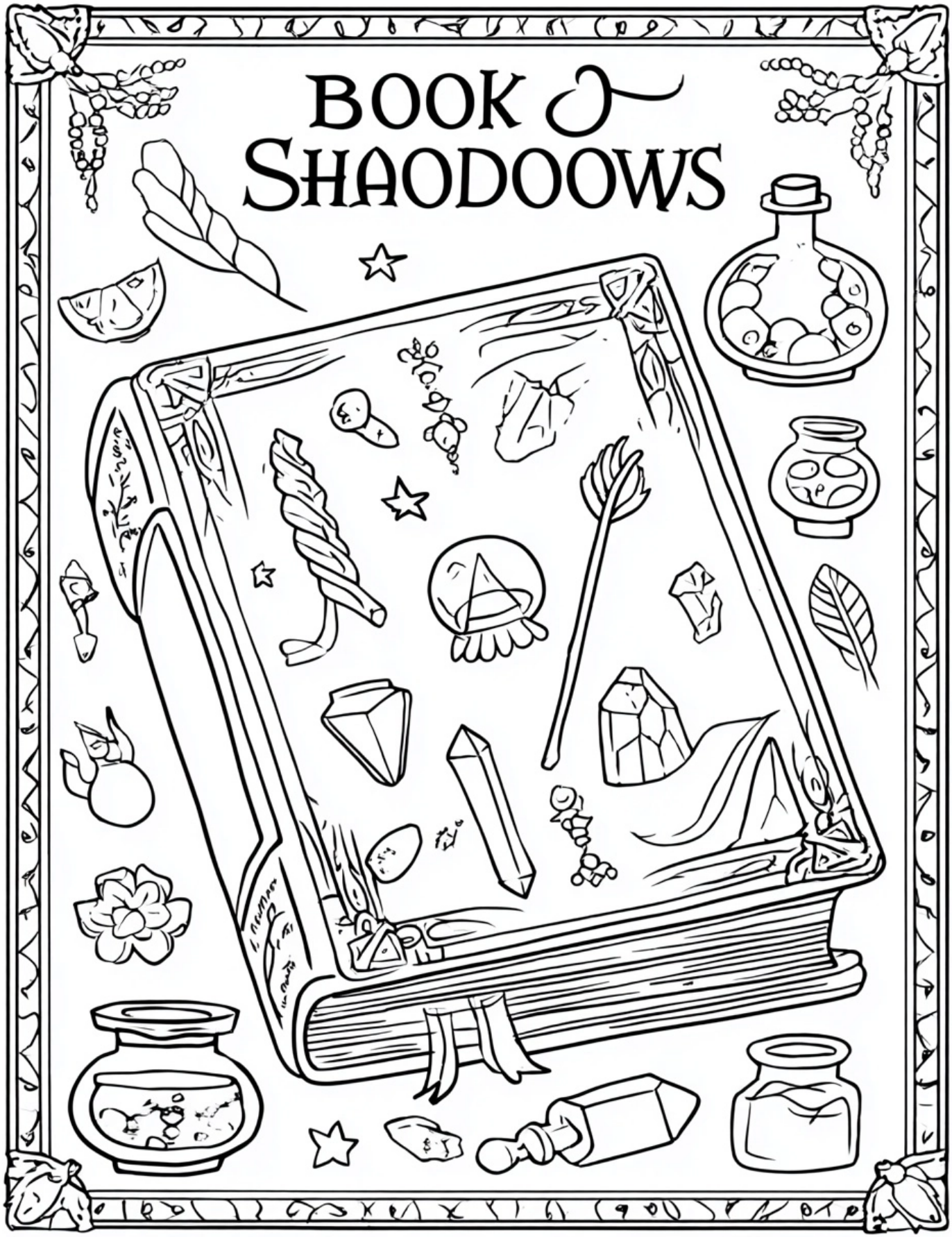BOOK OF SHADOOWS